



MAY 2026 NOVENA to the HOLY SPIRIT

Holy Spirit Novena

**For Pope Leo XIV,
The Church & Our World**

May 15 - 23, 2026

Unleashing the Spirit of Synodality



What is a “Holy Spirit Novena?”

We all know the story of Pentecost found in Acts, chapter two. But we often forget the important event that took place during the 9 days before Pentecost... In Acts, chapter one, we learn that Jesus told his followers not to leave Jerusalem: “Wait for the fulfillment of my Father’s promise.” Jesus ascended to heaven and the disciples travelled back to Jerusalem. They returned to the upper room where they had been staying. “Together they devoted themselves to constant prayer.” They prayed for 9 days. On the 10th day, Pentecost happened, and the Holy Spirit showed up! These 9 days became the very first novena. A Novena to the Holy Spirit!

Imagine... Women, men and young people, laborers, theologians, and mothers... all intentional disciples of the risen Jesus, gathered to share their faith experiences, listen, and pray for guidance and inspiration! In other words, making room for the Holy Spirit!

How to use this Novena to the Holy Spirit

A Novena to the Holy Spirit is prayed during the 9 days prior to the Feast of Pentecost, starting on the Friday after the traditional Thursday date of the Feast of the Ascension. For 2026, the first day of the Novena begins on Friday, May 15th and ends on Saturday, May 23rd. This novena can also be used any time of year when an outpouring of the Holy Spirit is needed.

The Pentecost Vigil Project has adapted the traditional Holy Spirit Novena to include daily personal reflection questions and a prayer for our Holy Father, our Church and our World. Let us pray that the Holy Spirit renews the Church and guides us all on our journey forward together in Mission as One People of God.

All are invited to use this Novena to the Holy Spirit for personal prayer or within a small or large group gathering. It has been especially designed to pray as a virtual, online gathering. If you wish to adapt it for use in your parish or ministry, visit pentecostvigilproject.org.

Pray with The Pentecost Vigil Project each night at 7:00pm Eastern daylight time on Zoom!

The Pentecost Vigil Project, a non-profit dedicated to Unleashing the Power of the Holy Spirit, will be hosting a live Zoom event for 9 nights, at 7:00pm, beginning Friday, May 15th on Zoom.

Meeting ID: 882 6541 3942 Passcode: Pentecost

<https://us06web.zoom.us/j/88265413942?pwd=MZxjVjRrXYMLKHhCuEHbleEgbrVQPD.1>

The ID code and Passcode are the same each day. All are welcome. If you have questions, visit pentecostvigilproject.org.